**“ANCHOR” Activity: Think-Pair-Share**

**MATERIALS**

* **Index card and pen or pencil for each participant**
* **Timer**

1. Hand out index card and pen/pencil to each participant.
2. Ask each participant to write, in their own words, the ending of this sentence:

*“Distracted driving is…”* Give participants 1 or 2 minutes – very short.

1. After 1 or 2 minutes, ask them to ﬁnish writing and pair up with a partner siting nearby.
2. In pairs, have each individual share what they wrote and discuss the similarities and

differences with a partner. Start timer for 2 minutes.

1. After 2 minutes, share distracted driving deﬁnition with the whole group.
2. Then, ask for some examples of distracted driving behaviors. Compare them to this list:
   * Talking on a cell phone - hands free or holding a cell phone
   * Texting or using a messaging app
   * Browsing websites, answering email, or viewing social media sites or photos
   * Eating or drinking
   * Grooming (brushing teeth, applying make-up, etc.)
   * Tending to a child or pet
   * Using a navigation system
   * Adjusting a radio or other device
   * Even talking to passengers
3. Share the following information from a study of hundreds of drivers using cameras mounted in the vehicle. The study was able to capture what was happening just before crashes occurred. The study was able to determine the level of risk for being in a crash based on diﬀerent distracting behaviors.

**Major distraction subcategories (observed in crash events)**

|  |  |
| --- | --- |
| In-vehicle device (radio, climate control, other) | Moderate Risk |
| Cell hand-held (dialing, texting, talking) | High Risk |
| Reading/writing (includes tablet) | High Risk |
| Eating | Moderate Risk |
| Personal Hygiene | Moderate Risk |
| Drinking (non-alcohol) | Moderate Risk |
| Reaching for an object (non-cell phone) | High Risk |
| Dancing in seat to music | Moderate Risk |
| Extended glance duration to external object | High Risk |

1. Discuss: How were your ideas about distracted driving similar and diﬀerent from this list? Cell phones are just one source of distraction. What is common about all these behaviors?

Expected answers: Involves attention + physical action (hand(s) off wheel).